

2025 NEACSM ANNUAL FALL CONFERENCE

FRIDAY, October 17, 2025

Time	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 4	Meeting Room 5	Student Lounge	Ballroom C
8:00-8:30 AM	NEACSM Registration Booth Opens						
8:30-9:30 AM	A Newly Proposed Obesity Definition - Is BMI Out?: Laurie Milliken, PhD, FACSM, Weiyang Ding, MA, PhD Candidate	[Invited Lecture/ Hands-On Session] Rotational Power Development: Jonathan Mike, PhD, CSCS	Too Hot To Handle...Keeping Our Industrial Athletes Safe: Robert Huggins, PhD.	[Invited Lecture/ Clinical Workshop] From Kitchen to Competition: Implementing Culinary Nutrition in Sports Medicine for Optimal Performance and Health: Christina Badaracco, MPH, RDN, LDN & Olivia Thomas, MS, RDN, LDN & Eliza Leone, MS, RDN, LDN	Gasping for Air: Impact of Hypoxia on Carbohydrate Oxidation: Lee Margolis PhD, USARIEM		Fellow Cases, Session 3 (8:00 AM start time)
9:40-10:40 AM	[Mini Symposium] Exercise is Medicine for Addiction: Eduardo Fontes PhD; The Psychobiological Model of Exercise for Addiction Recovery: Kell Grandjean Costa, PhD. What do we currently know? Evidence supporting exercise as treatment for addiction: Daniel Aranha Cabral, PhD	The Power of Why. Health Coaching Strategies for Sustainable Behavior Change: Nicole Batista, MS, Allison Condo, MS	[Mini-Symposium] Injuries and Sport Anxiety in DIII Athletes: Hannah Nelson PhD; Overuse Injuries and Performance Measures in Electrical Line Workers: Brooklyn Erlick, BA; Barriers to Exercise and Injury Care in Rural New England: Jessica Dutkus, BA		From Research to Real Talk: Elevating Women's Health Through Meaningful Communication: Melissa Lodge,	Internships and Future Employment: Meet Professionals to Learn about Internships and Maximize Job Opportunities: Alicja Stannard, PhD	Therapeutic Needling: Beyond Dry Needling and Trigger Point Injections: Navid Mahooti, MD
10:50-11:50 PM	(Grand Ballroom A/B) Clarkson Keynote - Nancy Rodriguez, PhD, RD. Protein Intake and Renal Function in Healthy Active Adults: Understanding the Cause for Concern.						
11:55-12:35 PM	Lunch						
12:40-1:40 PM	Still Running! Practical Perspectives of Applying Biomechanics to Support Runners into their Senior Years: Gordon MacFarland, MPA & Boyi Dai, PhD & Karen Westervelt, PhD	Mechanisms and Considerations for Anabolic Resistance. From Stress Exposure to Injury Recovery: Emily Howard, PhD, & Jess Gwin, PhD	(TWO SESSIONS) Sarcopenia prevention in relation to malnutrition: Suzanne Young, Recent changes in the definition of Sarcopenia and why it matters: Jacob Earp, PhD	[Mini-Symposium] Exercise Interventions in Type 1 Diabetes: Insights from Animal Models to Human Studies: Gengyun Le-Chan, PhD, & Barbara Sanchez, PhD, CSCS	[Mini-Symposium] Tracking Digital Influences and Other Transient Aspects of Daily Living that May Confound Human Research Studies: Jordan Masys BS, Lisa Fucito PhD, Nathan Freitas BA, Matthew Stults-Kolehmainen, PhD	Beyond The Clinic: The Many Faces And Specialities Of Physical Therapy: David Ornstein, DPT	There and Back Again, A Contemplation of Hobbits and Bill Walton's Feet: James Dunlap, MD
1:50-2:50 PM		Changemakers: The Role of the Community Health Worker and Health and Well-Being Coach in Empowering Chronic Disease Management through Lifestyle Change in Under Resourced Populations: Laura Christoph, PhD, NBC-HWC, Aleena Durant, CHWC	Older and Bolder. Training and nutrition approaches to support the masters athlete: Kate Edwards, PhD	Compositional Approaches for the 24-Hour Activity Cycle: Nicole Logan PhD, Christine St. Laurent, PhD, MPH	More than the Tumor: Physical activity as supportive cancer care: Richard Viskochil, PhD		
2:55-3:35 PM			NEACSM Executive Committee Onboarding Meeting				
	No Event	Keynote	Featured	Invited	Student Event	Special Interest Group	Physician Track