
NEACSM MAX!



Status of the Chapter

I would like to share with you two quotes that can offer an insight to what this past year has entailed for NEACSM and its Leadership: **“Coming together is the beginning. Keeping together is progress. Working together is success,” Henry Ford** and **“Far and away the best prize that life has to offer is the chance to work hard at work worth doing,” Theodore Roosevelt.** It is my pleasure to share with our Chapter members some of the hard, yet equally enjoyable, important, needed, and worthwhile “work” that the NEACSM Leadership has undertaken this past year as we continue to come together and work together towards success.

NEACSM History Project

As many of you know, NEACSM has a rich history (40+ years) of engagement, impact, and leadership in all areas of sports medicine and exercise science, however, it has yet to be substantially documented. In the past year we submitted and were successful in obtaining a grant from National ACSM in support of this project. The

Sean Walsh, Ph.D.



goal of this project is to collect, synthesize, and ultimately develop a working document describing the history of NEACSM. Bob Axtell, Cynthia Ferrara, and myself are leading this project and we hope a ~40 year history narrative detailing those who came together to begin our organization, to those who kept coming together in progressing our organization forward, and all those past and present who have and continue to work together will provide our future leaders a solid foundation on which to further build upon this successful Chapter. We anticipate this being a lengthy and ongoing process and please look out for future updates/release of information here in the MAX! as well at a future regional and hopefully national meetings!

New Investigator Award

Earlier this year, NEACSM announced the creation of a new award to benefit our professional members. Many new professionals are working very hard on work clearly worth doing and NEACSM would like to play a supportive role by investing in the future of sports medicine and exercise science by giving to our professional members. The goal of the NEACSM New Investigator Award is to recognize a new investigator who, as a consequence of their educational background/training and quality of initial independent research productivity, has begun and are likely to continue to make a significant contribution to knowledge in applied, basic, or clinical exercise science or sports medicine. A committee of NEACSM Past Presidents will review grant applications and identify a junior scientist in these fields to be recognized at this year's annual meeting and receive \$2500 in support for potential scientific excellence. In return, each recipient will present their findings within two years of receiving the grant at our annual fall meeting. We are excited to announce the first recipient of this award just prior to the Knuttgen Keynote Lecture at this year's annual Fall meeting!

Naming of Undergraduate Scholarship

In January, an ad hoc committee was formed to examine potential naming opportunities for those individuals who have extraordinarily impacted our Chapter and the profession. I am pleased to announce that in unanimous consensus the NEACSM's executive committee voted in naming the NEACSM undergraduate scholarship in honor of Dr. Robert Axtell and

will now be referred to as The Robert Axtell Undergraduate Scholarship. Bob, Professor in the Exercise Science Department at Southern Connecticut State University, has been impacting undergraduates since his initial appointment in 1984 and has been involved with NEACSM Leadership for nearly 25 years. He began his service in 1989 (and has been uninterrupted since) as the State Representative for Connecticut to NEACSM as well as a member of the Scholarship Committee. In 1990 he was elected as a Member-at-Large and then in 1993 he became Treasurer. In 1994 he became President Elect and at the end of his Presidency in 1997 he then went on to become Regional

Chapter Representative from 1998-2001. He has been Finance Chair since 2000 and has been a key contributor to NEACSM's financial growth. Bob volunteers discretionary effort constantly. He has been Camaione Fund Chair since 2001 as well as being part of numerous NEACSM Strategic Planning Committees. Bob received the Honor Award in

“The Robert Axtell Undergraduate Scholarship”

- SEAN WALSH, PH.D.

2002 and he has been one of NEACSM's strongest champions and workhorses during these years. In addition, Bob's work with undergraduate students at Southern Connecticut State University has been exemplary and many of his students have gone on to receive advanced graduate degrees and a few have even gone on to lead NEACSM as President. It is clear that Bob is well deserving of this honor and NEACSM is excited to bestow this honor to Bob at the annual fall meeting prior to the Clarkson Keynote Lecture.

Strategic Planning

Just this August, a team of Lara Carlson, Deb Riebe, Bob Axtell, Melissa Roti, Paul Gallo, Jennifer Bossi, Dino Costanzo and myself with Heather Turner from ACSM serving as facilitator came together and we held our five year strategic planning meeting over the course of two days at Central Connecticut State University. Through thoughtful and meaningful discussions, examining our current strengths and areas needing improvement, we established the framework for our goals that as an organization we hope to successfully strive for. This plan is still in its refining stage, however I would like to share with all of you what some of the global goals are. We as a group decided to focus on three main goals: Provide Exceptional Service to NEACSM Stakeholders, Enhance NEACSM Brand Value, and Ensure Effective Leadership Success & Opportunities. In providing exceptional service to our stakeholders, our Chapter Members, we will strive to be responsive to the advocacy



Dr. Robert Axtell,
Southern Connecticut
State University

needs of our members, to engage and provide tangible benefits to our members, to foster strong community partnerships with our universities and colleges in the region, and to also maintain the breadth of fall meeting programming to a diversity of membership interests. In enhancing our brand value we hope to further increase awareness of our organization, to develop and foster sustainable sponsor and organizational partnerships, and to also increase our digital footprint by improving and expanding our website and our presence on social media. Lastly, in ensuring effective leadership success and opportunities to serve we will be creating and implementing non-executive committee volunteer opportunities for

members willing to further our mission and vision as an organization.

As you can see we have had a busy year working hard at “work” we all believe is work worth doing, yet there is still work to be done as we continue to work together for continued success. There will be many chances for individuals to come together to help us work towards these goals in the coming future. If you would like to work together with us, please do not hesitate to contact myself or any of the NEACSM Leadership about volunteer opportunities, we would welcome any and all contributions that you would like to make!

Legacy Campaign

grounded in excellence. reaching toward the future.

The Legacy Campaign is focused on revitalizing the NEACSM legacy. NEACSM has been a leader in the field of sport science and medicine. The chapter's rich history is grounded in the outstanding academic and clinical institutions and their exceptional programs. History, however, is the story of people and their contributions to others. NEACSM's members are dedicated educators, scholars, practitioners and clinicians who are nationally recognized for their work. Current and former members of the chapter share a legacy of greatness -- grounded in excellence, reaching toward the future.

how can you become a part of the legacy campaign

Joining the Legacy Campaign is simple. You merely need to make a contribution to the Campaign and add yourself to the NEACSM Legacy Tree. A donation to the Legacy Campaign will enable you to add a branch or a leaf to the Legacy Tree. Contributions should be made via the NEACSM website (www.neacsm.org) or checks can be sent to the NEACSM office [NEACSM, PO Box 4474, Wallingford, CT 06492]. Be a part of the NEACSM Legacy!



EXPLORING NEW FRONTIERS IN SPORTS MEDICINE

Rhode Island Convention Center, November 13-14, 2014

Our Keynote Speakers:

Ross Tucker, Ph.D., University of Cape Town
Mark Tarnopolsky, MD, McMaster University



Other Highlighted Speakers Include:

Charlie Kimball, IndyCar driver
Michael Davis, DVM Ph.D.
Christopher Toth, DPM
Michele Polacsek, Ph.D., MHS
Ann McKee, MD

Stella Volpe, Ph.D., RD, LDN
Lee Jones, Ph.D.
J. Timothy Lightfoot, Ph.D.
Michael Deschenes, Ph.D.

Thank You to the FALL NEACSM Sponsors

Conference Partners





NEACSM

Membership Committee

**Presents the 1st Annual
Professional Development Workshop Series
2014 Fall Title:
Curriculum Vitae Workshop**

Friday, November 14, 2:30-3:30pm

Students and Young Professionals, review your CV with a professional in your field!

Reviewers:

Sean Walsh, PhD - Central Connecticut State University
Elaine Lee, PhD - University of Connecticut
Colleen Muñoz, PhD - University of Connecticut
William Dexter, MD - Maine Medical Center
Jeff Konin, Ph.D., PT, ATC - University of Rhode Island
Stella Volpe, PhD, RD, LDN - Drexel University
Carol Ewing Garber, PhD - Columbia University
James Pugliese, BS - Hospital of Central Connecticut
Clinton Brawner, PhD, ACSM-RCEP - Henry Ford Hospital

Please RSVP to colleen.munoz@uconn.edu by October 15th, and include your field of interest (i.e., academia, physical therapy, medical school, etc.). Dr. Muñoz will respond with your exact 10-minute time slot and confirm which professional will be reviewing your CV. Bring a hard copy of your CV with you to your appointment.

11TH COLLEGE BOWL

Join the competition.

Be sure to contact Peter Ronai (ronaip@sacredheart.edu) to get additional information for team registration.

The College Bowl will be held on Thursday evening, November 13th following the President's Reception.



Come Support Your Team!