

	A	B	C	D	E	F	G	H	I	J	K	
1	2024 NEACSM ANNUAL FALL CONFERENCE											
2	Building Bridges: Spanning the Gap Between Professional Silos											
3	FRIDAY, October 18, 2024											
4	Time	Meeting Room 1	Meeting Room 2	Meeting Room 3	Meeting Room 4	Meeting Room 5	Ballroom C	Student Lounge				
5												
6	8:00-8:30 AM	NEACSM Registration Booth Opens							Let's Move! Stretch and Breathwork with Cassandra Forsythe, PhD" (all levels welcome)			
7	8:30-9:30 AM	Do No Harm: The Dirty Side of Clean Eating and How to Talk About Food and Nutrition with Clients - Alyssa Lavy, MS, RD & Brittany Rogers, MS, RD	The Path To And Paths Within The Field Of Physical Therapy - Tyler Foster, DPT	Invited Lecture: Like No One is Watching: Quantifying Physiological and Psychological Health Benefits Associated with Solo, Free-Form Dancing in Adults - Aston McCullough, PhD	[Symposium] "Follow me!" Navigating the Path to Early Career Success - NEACSM Early Career Investigator Awardees: Garrett Ash, PhD Tanya Benitez, PhD, Huimin Yan, PhD, and Christie W. Ritacco, PhD	Esports and Exercise Physiology - Hannah Nelson, PhD	Fellow Cases, Session 3					
8	9:40-10:40 AM	Our Friend Bruce: Stress testing in the clinical setting - David Melchionne, MS & Brian Reynolds MS	FreeComm Committee Presentations (Doctoral)	Past-President's Lecture: Lessons of the Past Leading to Future Directions: an Experiential Model for Professional Growth - Paul Gallo, EdD		Measuring HRV using wearables in Exercise Science & Sports Medicine: why, what, where, and when? - Amy Welch, PhD	Update on SI Joint - d'Hemecourt, MD; Prolonged Concussion Management - Michael O'brien, MD					
9	10:50-12:00 PM	(Grand Ballroom A/B) Clarkson Keynote - Katherine S. Hall, PhD: Bridging the Movement as Medicine Gap: Implementing Exercise-Based Clinical Interventions for Mental Health										
10		NEACSM Special Interest Group Meetings							Open Forum with President-elect (Students Only) - Cassandra Forsythe, PhD			
11	12:05-12:30 PM	Nutrition	Biomechanics	Psychobiology of Human Performance	Strength and Conditioning	FreeComm Committee Presentations (Professional)						
12	12:30-1:30 PM	Lunch/Exhibitors										
13	1:30-2:30 PM	Flip, Twist, Fly Into the World of Adaptive Gymnastics - Caroline Aspinwall, BS	Sarcopenia prevention - a look at middle-aged and younger adults - Suzanne Young, PhD	Invited Lecture: Integrating Physical Activity Interventions in the Context of Addiction Treatment - Anna Abrantes, PhD	[Clinical Workshop] "Why Shoulder the Burden: Integrative Exercise Modification Strategies to Enhance Shoulder Stability and Function" A Research-to-Practice Workshop - Peter Ronai, MS & Paul Gallo, EdD	The physical activity and health benefits of human-animal interaction for youth - Ann-Marie Sylvia, MS & Colleen Chase, MS	(1:30p-2:00p): The Role of a Sports Medicine Physician at the Collegiate and Professional Levels - Gian Corrado, MD					
14	2:35-3:35 PM	Factors Contributing to Fat Redistribution & Implications for Targeted Interventions - Jacob Earp, PhD	Parkinson's Partnerships: Empowering People with Parkinson's Disease - Christie L. Ward-Ritacco, PhD	NEACSM Executive Committee Onboarding Meeting		The Mind, The Body, The Brain: An Integrated View on Mental Health of Collegiate Athletes - Stephen Cirella Jr. MA	(2:05p-3:35p): Fellow Cases, Session 4					
15												
16												
17												
18	Keynote											
19	Invited											
20	Featured											
21	Physician Track											
22	Student Event											
23	Group											
24	No Event											