

2018 NEACSM ANNUAL FALL CONFERENCE						
Alpha to Omega: Human Performance Across the Lifespan						
THURSDAY, NOVEMBER 8						
Time	Room 550	Room 551	Room 552	Room 553	Ballroom D	Rotunda
6:30-8:30 AM	Leadership Workshop (preregistration only)					
8:30-9:30 AM	Lack of time or will power? Barriers and facilitators to physical activity among healthy women including pregnancy time - <i>Alicja B. Stannard, Ph.D.</i>	Resistance Training Recommendations during Mid-Adulthood - <i>Peter Ronai, M.S., RCEP, CEP, EP-C, CSCS, FACSM</i>	Case-based review of common pediatric musculoskeletal sports issues - <i>Jeffrey Mjaanes, M.D.</i>	Sex Differences in Endurance Sports: A closer look at the (narrowing) performance gap - <i>Ryanne Carmichael, Ph.D., CSCS</i>	Chronic Kidney Disease, inflammation, lifestyle interventions: What is the link? - <i>Sam Headley, Ph.D., FACSM</i>	Invited: Skeletal Muscle Performance in Older Adults: There's Good News, Too! - <i>Jane Kent, Ph.D., FACSM</i>
9:40-10:40 AM	Free Comm Pres	Masters Pres	<i>Fellow case presentations from around New England</i>	Bachelor Pres	Free Comm Pres	Doctoral Pres
10:50-12:00 PM	Ballroom A. Knuttgen Keynote - Risks of Early Sport Specialization - <i>Pierre d'Hemecourt, M.D., FACSM</i>					
Lunch/Exhibitors/Free Communication Posters (1:00-4:00 PM)						
1:10-2:10 PM	Mini Symposium (1:10 - 2:40) Hidden Figures: Underappreciated Psychological and Social Factors that Influence Exercise Engagement - <i>Beth Taylor, Ph.D., Sofiya Alhassan, Ph.D., Jasmin Hutchinson, Ph.D., Christie Ward-Ritacco, Ph.D.</i>	Blood Flow Restricted Resistance Training: Who, what, when, where and how? - <i>Summer Cook, Ph.D., FACSM</i>	<i>Fellow case presentations from around New England</i>	So You Want to Win? Keys to Athletic Success Throughout Life - <i>Jaci Van Heest, Ph.D., FACSM</i>	Making Sense of the ACSM Exercise Preparticipation Health Screening Recommendations - <i>Gregory Panza, M.A., Linda Pescatello, Ph.D., FACSM</i>	Invited: Neural Aspects of Fatigue: Role of Group III/IV Muscle Afferents - <i>Markus Amann, Ph.D.</i>
2:20-3:20 PM	Mini Symposium (2:50 - 4:20) Mind Games: the Clinical Implications of ACL Injury on Neurological Function - <i>Adam Lepley, Ph.D., Julie Burland, Ph.D., Lindsey Lepley, Ph.D.</i>	Skeletal muscle mechanoreflex activation in humans: an exercise in integrative physiology <i>Rachel Drew, Ph.D.</i>	Boxing medical coverage: How to structure event coverage for sports medicine fellows - <i>Light Wilderness Medicine/Ski Mountain teaching opportunities</i> - <i>Yvonne Chow, M.D. & Tracey Viola, D.O.</i>	Beyond the gym: Evidence for exercise as a tool for mental health in children - <i>Jeremy Sibold, Ed.D., ATC</i>	Changing Sex Hormones and CVD Risk - <i>Sarah Witkowski, Ph.D.</i>	Invited: Acute and Long-term Health Risks of Marathon Running - <i>William Roberts, M.D., FACSM</i>
3:30-4:30 PM		Social Media for the Health and Nutrition Professional: Creating Lasting Behavior Change Through Social Media Campaigns - <i>Marisa Hastie, Ed.D.</i>	Point:counterpoint Soccer Heading - <i>Jeffrey Mjaanes, M.D., FACSM & Hamish Kerr, M.D., M.S., FACSM</i>	Engaging Students in Learning through Technology, Research & Experience - <i>Catherine Fuller, Ph.D., RKT, Devin Cashman, M.S., ATC</i>	Implementing Exercise is Medicine on Campus: Silver & Gold Successes and Challenges - <i>Jeff Schlicht, Ph.D., David Harackiewicz, Ph.D.</i>	Invited (Past President's Lecture): Recovery from the Female Athlete Triad: Lessons to Date - <i>Mary Jane De Souza, Ph.D., FACSM</i>
4:30 PM	President's Reception & Awards Ballroom A, College Bowl 5:15p					