

| | A | B | C | D | E | F | G |
|----|---|--|--|--|---|--|--|
| 1 | 2019 NEACSM ANNUAL FALL CONFERENCE | | | | | | |
| 2 | Enhancing Health and Human Performance: Science to Practice | | | | | | |
| 3 | FRIDAY, NOVEMBER 8 | | | | | | |
| 4 | | Room 550 (110 seats) | Room 551 (192 seats) | Room 552 (198 seats) | Room 553 (160 seats) | Ballroom D (414 seats) | Rotunda (212 seats) |
| 5 | Time | | | | | | |
| 6 | 7:00-8:00 AM | Special Interest Group Meeting - Aging | Special Interest Group Meeting - Biomechanics | Special Interest Group Meeting - Strength and Conditioning | Special Interest Group Meeting - Psychobiology and Behavior | Special Interest Group Meeting - Physiological/Biological Mechanisms | |
| 7 | 8:00-8:30 AM | Town Hall NEACSM Business Meeting in Room 550, all attendees are welcome to attend | | | | | |
| 8 | Free Communication Posters (8:00-11:00 AM) | | | | | | |
| 9 | 8:30-9:30 AM | Tutorial: "Weight Management: Carbs? Calories? Keto?" - Nancy Clark, MS, RD, CSSD | Mini Symposium: "Inclusive Fitness: Ensuring Equitable Opportunities for People with Intellectual Disabilities." - Monica Forquer, MS and Heidi Stanish, PhD | Physician Track: "Athletic Pubalgia: Treatment Update." - Demetrius Litwin, MD and John H. Stevenson, MD | Practicum: "Tackling Mobility and Flexibility Problems." - Eric Dagati, MS | Featured: "I am Woman! Perspectives on Woman's Fitness, Health, and Sports Participation Across the Lifespan." - Carol Ewing Garber, PhD, FACSM | Invited: "The Impact of Lifestyle Interventions in Persons with Chronic Kidney Disease." - Sam Headley, PhD, FACSM |
| 10 | 9:40-10:40 AM | Roundtable: "The New Guiding Reference Standard for Wearable Devices by the International Federation of Sports Medicine: Open Forum for ACSM Membership Feedback." - Garrett Ash, PhD, and Matthew Stults-Kolehmainen, PhD | | Physician Track: "Interesting Fellowship Case Presentations." | Tutorial: "Diastasis Recti: Is Surgery the Only Option?" - Elizabeth O'Neill, DPE and Maura Bergan, PhD | Tutorial: "Exercise is Medicine in the Real World: Barriers and Facilitators for Exercise Prescription Use in Urban Minority Women." - Sarah Camhi, PhD, FACSM | Invited: "Exercise is Medicine in Oncology: A Call to Action." - Katie Schmitz, PhD, FACSM |
| 11 | 10:50 AM-12:00 PM | Ballroom A: Clarkson Keynote - "Physiologic Adaptations to Interval Training in Health and Disease" - Martin Gibala, PhD | | | | | |
| 12 | 12:00-1:15 PM | Meet the Expert - Luncheon in Room 556 | | | | | |
| 13 | Lunch/Exhibitors | | | | | | |
| 14 | 1:20-2:20 PM | Oral Posters | | Physician Track: Hot Topics and Controversies in Sports Medicine." - Nicola DeAngelis, MD, Lee A. Mancini, MD, Mark D. Price, MD, PhD, Pierre Rouzier, MD, and John H. Stevenson, MD | | GNYACSM-NEACSM Featured Debate - "The Great Debate, Carbs or No Carbs for Performance." - Patrick Davitt, PhD and Beau Greer, PhD NEACSM Inaugural Step Challenge Winners Announced | |
| 15 | 2:30-3:30 PM | Oral Posters | Workshop: "Exercise is Medicine Ambassador Training" - Colleen Muñoz, PhD | Physician Track: "Interesting Fellowship Case Presentations." | Tutorial: "Walking the Walk: Active Transportation to Meet PA Guidelines." - Tracey Matthews, DPE and Melissa Roti, PhD | Tutorial: "Sympathetic Neural Outflow to the Kidneys: Understanding its Measurement with Doppler Ultrasound." - Marcos Paulo Rocha, MS | Tutorial: "Body Weight: Most Prevalent Health Problems and Most Promising Solutions" - Wayne Westcott, PhD |
| 16 | | | | | | | |
| 17 | Keynote | | | | | | |
| 18 | Invited | | | | | | |
| 19 | Featured | | | | | | |
| 20 | Physician Track | | | | | | |
| 21 | Student Event | | | | | | |
| 22 | No Event | | | | | | |