

	A	B	C	D	E	F	G
1	2019 NEACSM ANNUAL FALL CONFERENCE						
2	<b>Enhancing Health and Human Performance: Science to Practice</b>						
3	THURSDAY, NOVEMBER 7						
4		Room 550 (110 seats)	Room 551 (192 seats)	Room 552 (198 seats)	Room 553 (160 seats)	Ballroom D (414 seats)	Rotunda (212 seats)
5	Time						
6	6:15-8:30 AM	Leadership Enhancement Workshop (preregistration only) - Heather Chambliss, PhD					
7		NEACSM Panel - Deb Riebe, PhD, Colleen Muñoz, PhD, and Sean Walsh, PhD					
8		NEACSM Registration Booth Opens					
9	7:30-8:30 AM	NEACSM Inaugural Physical Activity Challenge and Powered by Heka Health					
10		Download the HEKAHealth App to Participate or visit the Step Challenge Info Booth for Support [Located at NEACSM Registration]					
11	8:30-9:30 AM	Roundtable: "Diversity and Inclusion in the Profession: A Community Conversation about Equity." - Katie Burton, PhD	Featured: "I Graduated, Now What? Succeeding in the Exercise Profession." - Francis Neric, MBA	Physician Track: "Supplements: An Evidence Based Update." - Lee A. Mancini, MD	Clinical Workshop: "Preventing your Athlete from Becoming a Lumbar Spine Patient." - Andrew Cannon, PT, SCS, MHS, CSCS	Tutorial: "Neural Control of Cardiovascular Function in Black Adults: Implications for Racial Differences in Autonomic Regulation." - Rachel Drew, PhD	Invited: "Playing with Paradigms: An Update on Physical Activity in Youth." - Jaci VanHeest, PhD
12	9:40-10:40 AM	Free Comm Pres	Masters Pres	Physician Track: "Interesting Fellowship Case Presentations."	Bachelor Pres	Free Comm Pres	Doctoral Pres
13	10:50 AM -12:00 PM	Ballroom A: Keynote - "Towards Comprehensive Step-Based Physical Activity Guidelines." - Catrine Tudor-Locke, PhD					
14	12:00-1:05 PM	Meet the Expert - Luncheon in Room 556					
15	Lunch/Exhibitors/Free Communication Posters (1:00-4:00 PM)						
16	1:10-2:10 PM	Tutorial: "Developing and Sustaining Effective Exercise Programming for People with Parkinson's Disease: Lessons Learned in a University Setting." - Amerigo Rossi, EdD and Rebecca States, PhD	Tutorial: "So you Wanna be a Business Owner? The How, When, Why, and Sacrifice." - Cassandra Forsythe York, PhD	Physician Track: "The DQ'd Athlete: Treating Mental Health in Athletes - Pierre Rouzier, MD, Jennifer Brodner, ATC, Jeff Smith, ATC, Olivia Monroe and Sam Zeff	Tutorial: "The Science of Sweat Soup: Fluid and Electrolyte Replacement for Endurance Athletes." - Robert Huggins, PhD	Tutorial: "Alternative Types of Exercise to Prevent and Treat Hypertension: The Wave of the Future" - Linda Pescatello, PhD and Yin Wu, PhD	Invited: "Windmills or Giants? The Importance of Context." - Barry Braun, PhD
17	2:20-3:20 PM	Workshop: "Physical Activity and the Child-Parent Experience - A Workshop on Creative Movement for Young Children and Caregivers" - Anamaria Amador, MFA, MA and Marion Bakhoya, MS	Tutorial: "Motivational Interviewing and How it Can Help You Succeed." - Hannah Ladeau, BS	Physician Track Invited: "Enhancing Health: A Practical Guide for EIM: A How To Guide." - Thomas Trojjan, MD	Practicum: "Insights into Effective Exercise Selection and Progression." - Eric Dagati, MS	Practicum: "Cardiac Ultrasound and the Athlete's Heart." - Richie Palma, BS.	Invited: "What Every Professional Should Know about the Future of the Fitness Industry and People with Disabilities." - James Rimmer, PhD
19	3:30-4:30 PM		Tutorial: "Is it the Gym or my Genes?" - Jason Melnyk, PhD and Sean Walsh, PhD	Physician Track: "Interesting Fellowship Case Presentations."	Tutorial: "Sarcolemma Repair and Human Performance: What May the Future Hold?" - Matthew Orange, PhD	Tutorial: "Is Sitting Really the New Smoking? Rethinking the Physical Activity Paradigm." - Ciarán Friel, EdD, Andrea Duran, PhD, and Keith Diaz, PhD	Invited (Past President's Lecture): "Active Aging Assessments: Ten Take-Home Tools for your Bag of Tricks." - Peter Ronai, MS
20	4:30 PM	President's Reception & Awards Ballroom A					
21		Special Interest Group Introduction/Networking; College Bowl (5:15 PM)					
22							
23	Keynote						
24	Invited						
25	Featured						
26	Physician Track						
27	Student Event						
28	No Event						