

Meet Our NEACSM Past President



NEACSM's 27th President: Kyle McInnis, Sc.D., FACSM

Education: Sc.D. Boston University; Applied Anatomy and Physiology; M.S. Exercise Physiology Springfield College; B.S. Biology UMass Lowell

Current or most recent affiliation: Vice President of Learning and Innovation, Merrimack College

Honors & Awards: NEACSM Citation Award; Surgeon General's Promoting Healthy Youth Recognition Award

Professional Interests: Physical activity for promotion of health and reduction of chronic diseases; integration of physical activity and academic achievement through innovative technologies in school and after school programs.

NEACSM Service

1. What first inspired you to enter the Exercise Science/Sports Medicine Field? What made you decide to pursue your advance degree and/or line of research/service?

Opportunity to study in a field that integrated my experiences in exercise and sport with my academic interests in human physiology, clinical pathophysiology and preventive health.

2. As a student, who were your mentors and what role did they play in your professional development? As a professional, was there anyone who was also instrumental in your career development?

As a doctoral student, my mentor was Dr. Gary Balady, a leading cardiologist from Boston who was heavily involved in cardiac rehabilitation and the American Heart Association. He made sure I got my career going in the right direction. As a professional, past ACSM President Dr. Barry Franklin became my most important mentor and colleague. He is a legend in the field, but I believe his greatest contribution has been how many early stage colleagues he supported for their career development.

3. What is it about Exercise Science/Sports Medicine that still inspires you today?

The opportunity to promote healthier lives for children and adults of all ages.

4. Why and how did you decide to get involved with NEACSM? How did your service help you grow as a professional?

I started getting involved as a new faculty member. I wanted to work with others in our region and grow collaborations.

5. What are your most memorable moments from your service to NEACSM?

The relationships/friendships (including the behind the scenes ribbing and joking as was the case with many good colleagues and friends).

6. What were some of the main issues confronting NEACSM at the time of your presidency?

Expanding collaborations across other similar or diverse organizations also concerned with improving health.

7. What do you think are your most meaningful contributions to NEACSM?

Helping to expand the annual meeting/conference, especially integration of more topics in applied science, such as health/fitness.

8. What do you think are your most meaningful contributions to the field of Exercise Science/Sports Medicine?

Helping health/fitness facilities to be better prepared to work with "riskier" clients who have diverse chronic health conditions.

9. What advice would you have for future leaders of NEACSM?

Strive for potentially beneficial collaborations and partnerships across other organizations and disciplines including the private sector.

10. What advice would you give to students who are looking to pursue a career in Exercise Science/Sports Medicine?

A. Find a mentor who you feel will provide good guidance and would be enjoyable to work with; B. Seek out unique experiential learning opportunities and pursue ones that will make you grow; C. Be an entrepreneur – don't be afraid to create your own path to success.